October

2024

BREAKFAST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Pancakes Raisins Hard Boiled Egg	Zucchini Bread Pear Yogurt Smoothie	Oatmeal Bar Banana Hard Boiled Egg	4 Cheese, Egg and Green Salsa Breakfast Burrito Peaches	5
6	Cereal Cup Apple Yogurt	Strawberry Pop tarts Pineapple Cheese Stick	Ginnamon Raisin Bagel Cream Cheese Cup Banana Yogurt Smoothie	Blueberry Muffin Applesauce Hard Boiled Egg	No School	12
13	14 Cinnamon Toast Crunch Cereal Bar Banana Yogurt	15 Wild Blueberry Waffle Raisins Cheese Stick	No School – ELC ONLY Cereal Cup Apple	No School – ELC ONLY Bagel Pineapple	No School – ELC ONLY Yogurt Banana	19
20	Cereal Cup Raisin Yogurt	Apple Frudel Banana Cheese Stick	23 Bagel & Cream Cheese Pear Yogurt Smoothie	24 Cinnamon Toast Crunch Muffin Apple Hard Boiled Egg	25 Oatmeal Bar Peaches Yogurt	26
27	28 Cheerio Cereal Bar Apple Yogurt	29 Buttery Maple Waffle Pear Hard Boiled Egg	30 Pumpkin Bread Clementine Yogurt Smoothie	Yogurt Parfait w/Blueberries & Granola Hard Boiled Egg	**Items will be cut for infants and toddlers	8oz. milk served with every meal. Lactose Free milk is provided with written doctor request.
This institution is an	equal opportunity e	mployer.				

October

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	WG Penne w/ Meat Sauce Peas Apples	WG Corn Dogs French Fries Clementine	Pepperoni WG French Bread Pizza Caesar Salad Pear	WG French Toast Sticks Sausage Links Breakfast Potatoes Banana	
7 Pulled Pork on WG Bun Roasted Broccoli Propical Fruit	Teriyaki Chicken WG Fried Rice Edamame Clementine *Roasted Purple & Orange Cauliflower	9 Chili WG Cornbread ApplePear	Ham & Cheese on WG Croissant Sliced Peppers Sapphire Grapes	No School	12
14 NG Popcorn Chicken Sweet Potato Fries Clementine	15 WG Walking Tacos Black Beans ApplePear	No School	No School	No School	19
21 WG Chicken Strips Roasted Broccoli Apple	Grilled Cheese on WG Bread Tomato Soup Pear	Turkey Sausage & Egg WG Heart Waffle Sandwich Breakfast Potatoes Sapphire Grapes	24 WG Fish Sticks Edamame ApplePear	WG Cheesy Breadsticks Sliced Peppers Tropical Fruit	20
28 Drange Chicken Chicken WG Egg Rolls Mixed Veggies Clementine	Cheeseburger on WG Bun Emoticon Potatoes Apple *Orange Cream Frozen Yogurt Cup	30 WG Pretzel Wrapped Turkey Dogs Sweet Potato Fries Sapphire Grapes	Barbacoa Beef Tacos on WG Tortilla Cilantro Lime Rice Black Beans Sliced Apples w/Caramel		8oz. milk served with every meal. Lactose Free milk is provided with written doctor request.
W CONTROL OF THE CONT	alled Pork on WG an pasted Broccoli ropical Fruit 14 7G Popcorn Chicken weet Potato Fries lementine 21 7G Chicken Strips pasted Broccoli pple 28 range Chicken hicken 7G Egg Rolls fixed Veggies lementine	Teriyaki Chicken WG Fried Rice Edamame Clementine *Roasted Purple & Orange Cauliflower 14 WG Popcorn Chicken Weet Potato Fries Ilementine 21 WG Chicken Strips Dasted Broccoli pple Tomato Soup Pear 28 Trange Chicken WG Bried Cheese on WG Bread Tomato Soup Pear 28 Trange Chicken WG Egg Rolls Emoticon Potatoes Apple *Orange Cream	Teriyaki Chicken WG Fried Rice Edamame Clementine *Roasted Purple & Orange Cauliflower 14 15 16 76 Popcorn Chicken Weet Potato Fries Ilementine 21 22 23 76 Chicken Strips Orasted Broccoli pple 28 Tomato Soup Pear 29 Turkey Sausage & Egg WG Heart Waffle Sandwich Breakfast Potatoes Sapphire Grapes WG Pretzel Wrapped Turkey Dogs Sweet Potato Fries Sapphire Grapes WG Pretzel Wrapped Turkey Dogs Sweet Potato Fries Sapphire Grapes 29 30 WG Pretzel Wrapped Turkey Dogs Sweet Potato Fries Sapphire Grapes Sweet Potato Fries Sapphire Grapes	Teriyaki Chicken WG Fried Rice Edamame Clementine *Roasted Purple & Orange Cauliflower 21 WG WG Walking Tacos Black Beans ApplePear 22 Grilled Cheese on WG Bread Tomato Soup Pear 28 Trange Chicken pple 28 Trange Chicken hicken WG Gornbread ApplePear 29 Turkey Sausage & Egg WG Heart Waffle Saphire Grapes 29 Tomato Soup Pear 20 WG Pretzel Wrapped Turkey Dogs Sapphire Grapes 20 WG Pretzel Wrapped Turkey Dogs Sweet Potato Fries Sapphire Grapes 30 WG Pretzel Wrapped Turkey Dogs Sweet Potato Fries Sapphire Grapes 31 Barbacoa Beef Tacos on WG Tortilla Cilantro Lime Rice Black Beans Sliced Apples w/Caramel	Teriyaki Chicken WG Fried Rice Edamame Clementine *Roasted Purple & Orange Cauliflower 14