

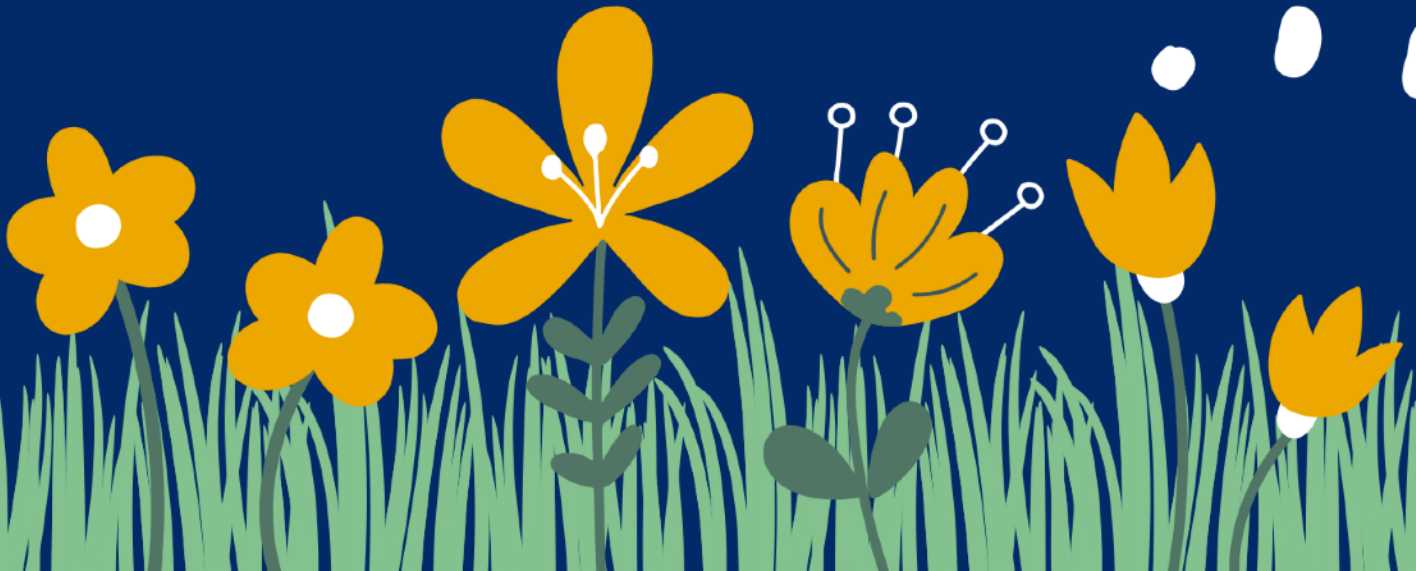
MAY 2024

Spring



ST. THERESE
CATHOLIC SCHOOL

AFTER-SCHOOL ENRICHMENT



VOLLEYBALL: BUMP, SET, SPIKE!



Calling all volleyball players! In this after-school volleyball clinic we welcome players of all abilities. This class is a great introduction to volleyball for new players, while giving returning players the chance to work on their skills for the upcoming fall volleyball season. Students will learn the fundamentals of passing, serving (underhand and overhand), setting, and hitting.

We will play fun games to reinforce the skills we learn! Each participant will go home with a volleyball to continue playing all summer long.

DETAILS:

- Wednesdays, May 1, 8, 15, 22
- 2:15-3:15 PM
- 3rd-5th Grade
- Cost: \$60 | *Class Maximum: 16*

MINI-GARDENERS CLUB

Your student will discover the joys of gardening in the St. Therese Mini-Gardeners Club. Students explore the process of gardening in this 4-week course. We'll start by preparing the soil, planting, maintaining, and finally harvesting! Let's get dirty and see the beauty of growing the food we eat!

GARDENING CLUB WEEKLY SCHEDULE:

1. Read a garden themed story together
2. Play, work, and explore in the beautiful St. Therese Garden
3. Enjoy a garden-themed snack
4. Create a art project or game that coordinates with what we learned for the week

DETAILS:

- Mondays, April 29, May 6, 13, 20
- Time: 2:10-3:15pm
- K-2nd Grade
- Cost: \$80
- *Class maximum 18*



BASKETBALL TRAINING

With Mr. Gorrilla

Come to the gym this spring to improve your basketball skills and play with Mr. Gorrilla! Sessions will focus on age-appropriate skill development led by Mr. Gorrilla, mini games, and small sided game play (1v1, 2v2, 3v3) to learn the game as a whole. Whether it's your first time, or you have experience, this is the perfect place for all to learn, grow, and have a positive basketball experience.

DETAILS

- **5-8th Grade:** Tuesdays: April 30, May 7, 14, 21
- **3 & 4th Grade:** Thursdays: May 2, 9, 16, 23
- 2:15-3:15pm
- Cost: \$100

CRUSH IT CHALLENGE!

CLASS TOPICS:

- Week 1: Black Belt Attitude
- Week 2: We Do Hard Things
- Week 3: Discipline > Comfort
- Week 4: Belief in Myself & My Abilities

DETAILS:

- Mondays, April 29, May 6, 13, 20
- 2:15-2:45 PM
- K-3rd Grade
- Cost: \$99
- *Class Maximum: 15*

Ready for an After-School activity that **EMPOWERS** your kids to work hard, make positive choices, be a first-time listener at home & become a more dedicated student?

Take our "**4-Week Crush-It Challenge**" and experience the Impact Martial Arts Difference! Taught by Ken Hoops of Impact Martial Arts and St. Therese Parent!

Grades K-3 will take our 30-Minute Physical Challenges to help kids release those after school wiggles, and hear an empowering message of using confidence, discipline, and perseverance. Pack an extra after-school snack and some "work hard clothes" and let Impact do the rest as they work hard to reach their New Goal: **White Belt!**



KIDOKINETICS



Kidokinetics Sports Play Program is a fun introduction to our sports enrichment programs, designed to help kids get moving and build confidence! Each week features a warm-up, an introduction to a new sport or activity, free play, a cool down, and an age-appropriate anatomy and physiology lesson. Each class & camp has what we call the F.U.N. Factor – meaning it's Fundamental, Understandable, & Noncompetitive.

Sport Schedule: Football, Parachutes & Hula hoops, Scoops or Jai Alai & Frisbee Golf

DETAILS:

- Mondays, April 29, May 6, 13, 20
- 2:15-3:15 PM
- K-5th Grade
- Cost: \$72+\$35 registration fee (includes a t-shirt)
- Location: Front Lawn (Outside)
- *Class Maximum: 15*

BOOK CLUB!

DETAILS:

- Fridays May 3, 10, 17, 24
- 2:15-3:15 PM
- K-2nd
- Cost: \$80
- *Class*



Exploring Spring Book Club with Miss Nicole Udseth

Together we'll explore the wonders of spring through children's literature. This class will celebrate the vibrant season of spring, where nature bursts into life with blooming flowers, buzzing bees, and playful animals. Through a selection of spring-themed books, writing activities and crafts, students will enjoy the beauty and significance of this time of year. We'll end with a "worms in dirt" treat & celebration outside!



BRICKTOPIA | WILD RIDE



Do amusement parks make you smile? Make you scream? In this class, students will build a merry-go-round, design their own wicked ride, and learn about engineering and design basics using LEGO® Bricks. Sign up today to have a blast!

DETAILS:

- Tuesdays, April 30, May 7, 14, 21
- 2:15-3:15 PM
- 1-5th Grade
- Cost: \$72
- *Class Maximum: 16*

CHESS | GRANDMASTERS



New and returning students invited! Our spring session focuses on intermediate and advanced concepts and features an end-of-year in-class tournament.

DETAILS:

- Wednesdays, May 1, 8, 15, 22
- 2:15-3:15 PM
- 1-5th Grade
- Cost: \$72
- *Class Maximum: 20*



MEGA MESS-OUTDOORS!



We'll tie-dye, paint with plaster, make papier-mache birds, and fling paint like Jackson Pollock. We will even learn some art terms along the way. This mega mess pieces of art are not projects to tackle at home. Leave the mess with us!

DETAILS:

- Tuesdays, April 30, May 7, 14, 21
- 2:15-3:15 PM
- K-5th Grade
- Cost: \$72
- *Class maximum 20*