

ST. THERESE SCHOOL



AFTER SCHOOL ENRICHMENT



WINTER
&
EARLY
SPRING

REGISTRATION NOW OPEN!

No Sew, So Fun! Musical Theater, Book Club,
Fencing, Robotics, Soccer Shots, Art , & Health & Wellness





No-Sew, So Fun! Design & Create

If your student loves to cut, craft, and create - this is the class for him/her! In this 4-week course students will macrame, sew a stocking hat and piece together a scarf, create darling decorative pillows, and weave their very own dreamcatchers. Students stay busy with projects and will surprise you with their colorful and unique style. Each student receives a canvas tote to keep projects together and bring home at the end of the session. (Decorated, of course!)

- Thursdays, Feb. 16, 23, March 2 & 9
- 2:15-3:15 PM
- 3rd-5th Grade
- REGISTER ONLINE: [HERE](#)
- Cost: \$80

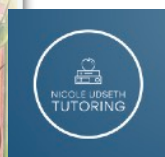
Encanto! Musical Theater With Mayer Arts

If you could choose to have any amazing ability, what would it be? Let's all put our special gifts into a story! Students will learn music and choreography from Encanto and create their very own musical. In this class, students learn how to put together a professional show from start to finish.

Learn how to properly speak your lines, block a scene, develop your character, and much more! We will also play fun creative games. Friends and family are invited to a special performance the final 30 min. of the final class. Bravo!



- Wednesdays, Feb. 15, 22; March 1, 8, 15, 22 & 29
- 2:15-3:45 PM
- 1st-5th Grade
- REGISTER ONLINE: [HERE](#)
- Cost: \$105



Book Club with Miss Nicole

Love to read? Join us for bookclub with Miss Nicole, licensed teacher and local reading tutor, as we explore John Peterson's classic book, "The Littles". Through our time together, we will read the book, work on vocabulary and reading comprehension and also have a "little" fun with crafts.

The Little family lives in the Biggs family's house walls. When the Biggs go out of town, a new (and very messy) family comes to stay and so do the mice — and a cat! How will the Littles manage to stay safe? Can the Littles save the day? Students will be given a copy of the book to keep. Please bring a nut-free snack to enjoy during the class.

- Mondays, Feb. 27, March 6, 13, & 20
- 2:15-3:15 PM
- 1st-3rd Grade
- REGISTER ONLINE: [HERE](#)
- Cost: \$80



FENCING 2.1



New and returning students invited! Join this fast-paced, inclusive (Everyone participates) Olympic Sport. YEL's Teach It, Practice It, Play It® approach teaches fencers new skills each class, practices those skills in kid-friendly fencing games, and then encourages students to use those skills in fencing bouts (matches). All equipment provided.

- Wednesdays, Feb. 15, 22; March 1, 8, 15 & 22
- 2:15-3:15 PM
- 2nd-8th Grade
- REGISTER ONLINE: [HERE](#)
- Cost: \$95

ROBOTICS 2.2



Build a bumblebee, frog, or design your own predator. Then program the bumblebee to fly and buzz, the frog to leap, and the predator to hunt. {YEL!}'s Teach It! Practice It! Play It!® classroom method emphasizes 21st Century Learning skills like STEM, teamwork, and problem-solving.

- Thursdays, Feb. 23; March 2, 9, 16, 23, and 30
- 2:15 PM-3:15 PM
- 1st-5th Grade
- REGISTER ONLINE: [HERE](#)
- Cost: \$90



SOCCER SHOTS

Soccer Shots is an engaging children's soccer program with a focus on character development. We positively impact children's lives on and off the field through our best-in-class coaching, communication and curriculum.

- Thursdays, April 13-June 1 (8 sessions)
- 2:15-3:00 PM
- K-2nd Grade
- REGISTER ONLINE: [HERE](#)
- Cost: \$185

- **COACHING:** You can feel confident that the person coaching your child has met our strict coaching standards and has been trained in the use of developmentally appropriate techniques.
- **COMMUNICATION:** We will always keep you informed on what your child is learning, and we are committed to responding to your questions in a timely, professional manner.
- **CURRICULUM:** Our curriculum is developed in alignment with state early childhood education standards. Your child will learn from a curriculum that is built for his/her age group.



SCENT-SATIONAL ART

Kidcreate Studio

Come for the pretty pineapple printmaking, but stay for the sweet citrus scent! In this class, we'll draw, paint, sculpt and more, but we'll do it all with a very special twist...these SCENT-SATIONAL works of art all smell as sweet as they look! Come learn the secret ingredients for sweet-smelling artwork as we create cute pointillism cupcakes, a field of tulips, and more. Yes, you read it all right, this class is full of scratch and sniff artwork that smells as sweet as it looks!

- Mondays; Feb. 13, 27, March 6, 13, 20 (No school on Feb. 20)
- 2:15-3:15 PM
- K-5th Grade
- REGISTER ONLINE: [HERE](#)
- \$89

SMART ART

Kidcreate Studio

Art is smart, and this class proves it! During this class we'll explore S.T.E.A.M. (Science-Technology-Engineering-Art-Math) concepts in creative ways. We'll design mini playgrounds, learn about M.C. Escher and Picasso, make our own lava lamps, and more. This is no ordinary S.T.E.M. class!



- Tuesdays; Feb. 14, 21, 28, March 7 and March 13
- 2:15-3:15 PM
- K-5th Grade
- REGISTER ONLINE: [HERE](#)
- \$89



- Week 1 **Play Strong**: recharge after exercise with healthy snacks and homemade electrolyte drinks
- Week 2 **Think Strong**: increase focus and memory with brain power snacks for during & after school
- Week 3 **Sleep Strong**: sleep well with mindfulness before bed and intentional after dinner snacks
- Week 4 **Live Strong**: replenish with healthy plates and habits when at home sick

HEALTH & WELLNESS

Rising Roots

To thrive, preteens and teenagers have an increased need for optimal nutrition, balance, and independence. Join us for a workshop that empowers students to make healthy choices and create positive lifelong habits. We will learn how to strengthen our bodies and minds for increased energy, focus, sleep, and well-being. Classes also include choosing from a variety of ingredients to create powerful snacks with protein, fiber, complex carbohydrates, and healthy fats, as well as "do it yourself" recipes and other wellness resources to try at home.

- Mondays, Feb. 27; March 6, 13, & 20
- 2:15-3:15 PM
- 4th-5th Grade
- REGISTER ONLINE: [HERE](#)
- Cost: \$80