REGISTER EARLY
SPACE IS
LIMITED







FUN & CREATIVE AFTER SCHOOL ACTIVITIES

ART · STEM · MUSIC · SPORTS



marketing@st-therese.org



Class maximum for all art classes: 20 students

Encanto!

Can't stop singing We *Don't Talk About Bruno?* We can't either! Come join Mirabel, Isabella, Antonio and the rest of the Madrigals as we create magical projects inspired by the hit Disney movie, Encanto. We'll use glitter, clay, paint and more as we create clay butterflies, magical bedroom doors, Colombian rainforest creatures, and so much more. This is your chance to be part of the Family Madrigal!

Grades K-5

Tuesdays Sept. 20 - Oct. 18; 5 weeks

Time: 2:15-3:15 PMLocation: Classroom

Cost: \$89



Nailed It!

Calling all creative kids! This is the perfect class to hone both your artistic side and your puzzle-solving skills. Just like on the popular TV show, *Nailed It!*, we'll show you a final product and give you all the goods needed to recreate it. The rest is up to you! Your challenges will include creating a unicorn cake sculpture that looks good enough to eat, painting a fox at sunset, a llama with a flower crown, and so much more. This is Nailed It!, Kidcreate-style, so instead of baking, we'll be sculpting, painting, collaging, and more!

Grades K-5

Tuesdays Nov. 1-Nov. 29; 5 weeks

Time: 2:15-3:15 PMLocation: Classroom

Cost: \$89



Game On

Take a break and go "AFK" (away from keyboard) while exploring your favorite games in a brand new way! In this camp, we'll draw, sculpt, paint, and more as we create projects inspired by some of our favorite video games. Design your own avatar on a real canvas board, sculpt your favorite Among Us Crewmate, create Sonic the Hedgehog and so much more! This class covers some of the hottest new games plus awesome throwback classics. Come get your game on!

Grades K-5

Fridays Sept 23-Oct 7; 3 wks

Time: 2:15-3:15 PMLocation: Classroom

Cost: \$45



Unicorns & Fairy Friends

Unicorns, fairies, and more mystical creatures will inspire your student at this magical class. Your child will dream of swimming with mermaids, flying on the back of Pegasus, fighting a fire breathing dragon and more! Model Magic®, air-dry clay, paint, glitter and other magical materials will help bring their artwork to life.

Grades K-5

Fridays Oct. 28-Nov. 11; 3 weeks

Time: 2:15-3:15 PMLocation: Classroom

Cost: \$45



STEM







Chess

New and returning students are invited to learn, practice and play chess each week. The {YEL!} Teach It! Practice It! Play It!® method keeps students on track with new chess lessons and puzzles each week, along with guided games, and in-class tournaments. Class fee includes ChessKid.com membership for the session (\$49 annual value).

Class Maximum: 16 students

Grades K-5 - TWO SESSIONS AVAILABLE (please select only one)

 Wednesday Sept. 21 - Nov. 2; 6 weeks (No class Oct. 19)

Time: 2:15-3:15 PMLocation: Classroom

• Cost: \$90

OR

 Wednesday Nov. 9 - Dec. 21; 6 weeks (No class Nov. 23)

Time: 2:20-3:20 PMLocation: Classroom

• Cost: \$90

Robotics

Build a spy-bot, satellite or design your own earthquake alarm. Then program the spy-bot to be sneaky, the satellite to orbit, and the alarm to...be alarming. {YEL!}'s Teach It! Practice It! Play It!® classroom method emphasizes 21st Century Learning skills like STEM, teamwork, and problem solving.

Class Maximum: 16 students

Grades 1-5

• Monday, Nov. 7-Dec. 12; 6 weeks

Time: 2:15-3:15 PMLocation: Classroom

• Cost: \$90





JAM 101

Unleash your inner rockstar! We are thrilled to welcome Cooper Alt, teacher and co-founder of the Music Coop in Excelsior, to St. Therese this fall. In this introductory class, students will learn all about the basics of music making, with each class focusing on a different musical aspect (groove, melody, harmony and form). Students will have the opportunity to explore a variety of instruments including drums, keyboards, and guitars.

Class maximum: 8 students per class

Grades 2-4

Wednesday, Sept. 21, 28, Oct. 5, 12

Time: 2:15-3 PM

Location: Music Room

Cost: \$80



Jam Club

Do you play drums, guitar, piano, or bass? Let's jam! In this 4-week program, students will come together to explore various musical genres and styles including blues, rock, and pop. Students will develop vital



ensemble skills as well as hone their improvisational chops. Led by Cooper Alt, teacher and co-founder of the Music Coop in Excelsior.

Class Requirements: 4-8 students per class

- Max 3 guitarists, 2 keyboard players, 2 drummers, 1 bassist. Please specify instrument (amps can be provided)
- 2 years of playing experience required (or permission from instructor)

Grades 4-8

Wednesday, Oct. 26, Nov. 2, 9, 16

Time: 2:15-3:00 PM Location: Music Room

Cost: \$80

Jr. Hand Bell Choir

"Hark! how the bells, sweet silver bells!" St. Therese introduces you to youth handbell class, lead by Emma Shukle from the Music Coop in Excelsior.

Students will learn the basics of ringing handbells, learning to play pieces of music with simple rhythms and time signatures, and will learn basic handbell techniques. Students will work as a team, build their musicianship, and will get to have fun making music with their peers! The youth handbell group will work towards playing

at Mass for Grandparents Day, and may have the opportunity to play at Mass on the weekend.



Grades 4-8

Wednesday Sept. 28-Nov. 18; 8 weeks

Time: 2:15-3:00 PM

Location: Parish Community Room

Cost: \$140



Beginner Movement Class

We are excited to welcome back Platinum Dance Company to St. Therese School! This beginner movement class gives young dancers the chance to learn and experience the styles of hip-hop, jazz, and musical theater. Dancers will work on basic technique including footwork, body isolations and tricks, with an overall emphasis on performing.

Class Maximum: 15 students

Grades K-2 - TWO SESSIONS AVAILABLE (please select only one)

Monday, Sept. 19-Oct. 10; 4 weeks

Time: 2:15-3:00 PM

Location: St. Therese Gymnasium

Cost: \$80

Monday, Oct. 24-Nov. 14; 4 weeks

Time: 2:15-3:00 PM

Location: St. Therese Gymnasium

Cost: \$80

Fencing

Join this fast-paced, inclusive (everyone participates) Olympic Sport. YEL's Teach It, Practice It, Play It® approach teaches fencers new skills each class, practices those skills in kid-friendly fencing games, and then encourages students to use those skills in fencing bouts (matches). All equipment provided.

Class maximum: 16 students

Grades 3-8

Thursdays; Sept. 22-Nov. 3 (No class Oct. 20)

Time: 2:20-3:20 PM

Location: St. Therese Gymnasium

Cost: \$90

Soccer Shots



Soccer Shots is an engaging children's soccer program with a focus on character development. We positively impact children's lives on and off the field through our best-inclass coaching, communication and curriculum.

- •COACHING: Strict coaching standards have been trained in the use of developmentally appropriate techniques.
- •COMMUNICATION: We keep you informed, and are committed to responding to your questions in a timely, professional manner.
- •CURRICULUM: Our curriculum is developed in alignment with state early childhood education standards, built for his/her age group.

Grades K-2

Thursdays Sept. 15-Nov. 3

Cost: \$136

• Location: Front Lawn of OLC

• Time: 2:15-3:00 PM



Mind & Body

In this class we will move our bodies though various yoga poses, cultivating physical awareness. As students progress we will learn yoga poses and build a sequence flow. We will create mindfulness with our breath as we adapt our bodies to the poses gaining strength and flexibility. Each class concludes with quiet reflection and breathing exercises.

Class Requirements: Yoga mat or towel

Class Maximum: 16 students

Grades 2-4 - TWO SESSIONS AVAILABLE (please select one)

• Thursday Oct. 27, Nov. 3, 10, 17

Time: 2:15-3:00 PMLocation: Music Room

• Cost: \$70 **OR**

Monday Nov. 7, 12, 21, and 28

Time: 2:15-3:00 PMLocation: Music Room

• Cost: \$70



Grades 5-8

Monday Oct. 10, 17, 24, 31

Time: 2:15-3:00 PMLocation: Music Room

Cost: \$70

Spanish

Discover the Magic of SPANISH! In the 8-week fall session, *¡Vamos con la Familia!* (Let's go with Family!), the class visits the fascinating country of Peru. The children will learn to describe and ask questions about their families and talk about likes and dislikes. In the 8-week spring session we continue our adventures with *¡Vamos con la Música!*(Let's go with Music!) in the enchanting city of Buenos Aires, Argentina. Students will learn music and school related vocabulary in Spanish along with real life communicative practices. Put on your thinking caps because each week will be packed full of useful SPANISH! Get a language head start - enroll today!

Grades K-5

- Thursdays,
 - FALL SESSION: Oct. 6-Dec. 8 (No Class Oct. 20, Nov. 24)
 - SPRING SESSION: Feb. 9-March 30
- Time: 2:15pm 3:15pm
- Cost:
 - Fall only 8 week cost: \$130
 - Full year 16 week cost: \$240

