

After School Enrichment



**SPRING
2022**

**Register Early
Space is
Limited!**


**St. Therese School
Kindergarten-8th grade**



FUN & CREATIVE AFTER SCHOOL ACTIVITIES

Impact Martial Arts, Gardening Club, Cooking Club 2.0,
Kidcreate Art Classes, Beginner Movement Dance Class,
Soccer Shots, Middle School Health & Wellness

Marketing@St-Therese.org

IMPACT MARTIAL ARTS

Ken Hoops & Juan Gonzalez

TUESDAYS

April 5-May 10

What if your kids could participate an activity that created better habits of self-control (like listening) & emotional resilience, respect for ourselves and others, build character through self-discipline, and empowers them to have everlasting self-confidence? Martial Arts may be the answer!

In this 6-week course, we'll focus on taking care of ourselves, respecting others, and building our inner strength and confidence. Classes will be conducted by Impact Martial Arts founder, Mr. Ken Hoops & certified instructor, Mr. Juan Gonzalez.

- AGES: K-5th Grade | *Class maximum 14*
- REGISTER ONLINE: [HERE](#)
- COST: \$99
- 2:20-3:00 PM | St. Therese Gymnasium



20% of your child's registration fee goes back to St. Therese! Thank you, Impact!

TUESDAYS

May 3-24

MINI-GARDENERS CLUB with Clancey Carle



Immerse your child in the joys of gardening with our St. Therese Mini-Gardeners Club. Students in kindergarten through 2nd-grade will explore the process of gardening in this 4-week course. We'll start by preparing the soil, planting, maintaining, and finally harvesting!

GARDENING CLUB WEEKLY SCHEDULE:

1. Read a garden themed story together
2. Play, work, and explore in the beautiful St. Therese Garden
3. Enjoy a garden-themed snack
4. Create a art project or game that coordinates with what we learned for the week

- AGES: K-2nd Grade | *Class maximum 20*
- REGISTER ONLINE: [HERE](#)
- COST: \$80
- 2:20-3:20 PM | St. Therese Garden

Let's get a little dirty and experience the beauty of growing the food we eat!



WEDNESDAYS
April 6-27

BEGINNER MOVEMENT CLASS
with Platinum Dance West



We are excited to welcome Platinum Dance Company to St. Therese School! This beginner movement class gives young dancers the chance to learn and experience the styles of hip-hop, jazz, and musical theater. Dancers will work on basic technique including footwork, body isolations and tricks, with an overall emphasis on performing.

- AGES: K-2nd Grade | *Class maximum 15*
- REGISTER ONLINE: [HERE](#)
- COST: \$80
- 2:15-3:15 PM | St. Therese Gymnasium



COOKING CLUB 2.0
with Lindsay Good & Erin Cari

WEDNESDAYS
April 6-27

In STS Cooking Club 2.0 our chefs prepare recipes for each meal of the day - breakfast, lunch, dinner and a snack. In this engaging, hands-on cooking class, students learn to chop, mix, and prepare recipes that are delicious and simple enough to prepare solo at home. Our final class we will put our chefs to the test with surprise ingredients for a recipe cook-off!

Each week after cooking, the chefs will sit down and eat the delicious food that they prepare, or may choose to take it home to share. Let's get cooking!

- AGES: 2nd-5th Grade | *Class maximum 15*
- REGISTER ONLINE: [HERE](#)
- COST: \$80
- 2:15-3:15 PM



WEDNESDAYS
April 27-May 18

GLOW IN THE DARK ARTWORK
with Kidcreate Studio



Long after the lights go out, your student will be thinking about this art class. Why? You guessed it, all the projects created in this camp glow-in-the-dark! Students will work with a variety of art supplies including clay, paint and other luminescent materials create masterpieces that really "glow" your socks off!

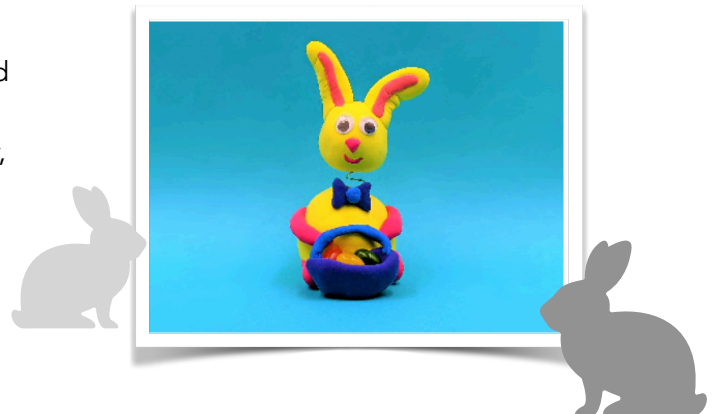
- AGES: K - 5th Grade | *Class maximum 20*
- REGISTER ONLINE: [HERE](#)
- COST: \$65
- 2:15-3:15 PM

EASTER EGGS-TRAVAGANZA
with Kidcreate Studio

THURSDAYS
April 7 and April 14

Get your kids eggs-tra excited for Easter this year! Hippity-hop them over to art class to create Easter inspired masterpieces. They will draw bunnies, make Easter Bunny bobble heads, and so much more. Come ready for an artsy, Eastery good time!

- AGES: K - 5th Grade | *Class maximum 20*
- REGISTER ONLINE: [HERE](#)
- COST: \$45
- 2:15-3:15 PM



THURSDAYS
April 7 - May 26

SOCCER
with Soccer Shots



- AGES: K - 2nd-grade
- REGISTER ONLINE: [Here](#)
SoccerShots.com
- COST: \$136 | 2:15-3:00 PM

Soccer Shots is an engaging children's soccer program with a focus on character development. We positively impact children's lives on and off the field through our best-in-class coaching, communication and curriculum.

- **COACHING:** Strict coaching standards have been trained in the use of developmentally appropriate techniques.
- **COMMUNICATION:** We keep you informed, and are committed to responding to your questions in a timely, professional manner.
- **CURRICULUM:** Our curriculum is developed in alignment with state early childhood education standards, built for his/her age group.

CANVAS & CLAY with Kidcreate Studio

THURSDAYS
April 27-May 18

Creating with clay and painting on canvas- it just doesn't get any better than that! In this class, your child will get to experiment with many different types of art while learning simple step-by-step painting and clay techniques. They will make 3D bears, owls that glow-in-the-dark, a scratch board painting of a cat and so much more! What a great way for your child to explore the incredible world of art!

- AGES: K - 5th Grade | *Class maximum 20*
- REGISTER ONLINE: [HERE](#)
- COST: \$65
- 2:15-3:15 PM



THURSDAYS
April 7-April 28

HEALTH & WELLNESS with Rachel Stoering



- AGES: 5th thru 8th-Grade
- REGISTER ONLINE: [HERE](#)
- COST: \$80
- 2:15-3:15 PM | MS Science Room
- Flyer COMING SOON! to all middle schoolers

To thrive, preteens and teenagers have an increased need for optimal nutrition, balance, and independence. Join us for a workshop that empowers students to make healthy choices and create positive lifelong habits. We will learn how to strengthen our bodies and minds for increased energy, focus, sleep, and wellbeing. Classes also include choosing from a variety of ingredients to create powerful snacks with protein, fiber, complex carbohydrates, and healthy fats, as well as "do it yourself" recipes and other wellness resources to try at home.

MOTHER'S DAY GIFT-GIVING with Kidcreate Studio

FRIDAY
April 29



They love you, hug you and make you brush your teeth! Show your mom how much you love her with a handmade gift! Your mom loves flowers, right? Create mom a beautiful sculpture of a rosebud. We will use air-dry clay, paint, glitter and lots of love to create this masterpiece. What a great keepsake!

- AGES: K - 5th Grade | *Class maximum 20*
- REGISTER ONLINE: [HERE](#)
- COST: \$20
- 2:15-3:15 PM

BE WHO YOU **B** STRIVE TO BE
BASKETBALL

SPRING BREAK SKILLS CLINIC 2022



MARCH 28th-31st
Monday to Thursday

Boys And Girls

MIDDLE SCHOOL | 5th-8th Grade

Mon-Thur | 2:00pm-3:15pm

ELEMENTARY | 2nd-4th Grade

Mon-Thur | 12:30pm-1:45pm

PAYMENT OPTIONS

1 DAY (\$25) | ALL 4 DAYS (\$90)

SPOTS ARE LIMITED DAILY

MUST PREPAY TO PARTICIPATE

VENMO @THOMAS-GORRILLA

REGISTER HERE

Click To Register: <https://calendly.com/coachgorrillatraining/springbreakbballclinics2022>

LOCATION

St. Therese Catholic School
18325 Minnetonka Blvd, Wayzata, Mn 55391
Enter at Main Entrance (Door 5)

QUESTIONS?

Cell: 612-558-4364 (Coach Gorrilla)
Email: THOMASGRRL8@GMAIL.COM
Site: WWW.THOMASGORRILLA.COM