

**REGISTER
EARLY
SPACE IS
LIMITED**



AFTER *School* **ENRICHMENT**



**NOV/DEC
2021**




St. Therese School
18325 Minnetonka Blvd
Deephaven, MN 55391



FUN & CREATIVE AFTER SCHOOL ACTIVITIES

Holiday Gift Making, Ultimate Martial Arts Challenge,
Cooking & Nutrition, Candy Craft Camp,
Ornament Making, Winter Basketball

marketing@st-therese.org

MONDAYS
Nov. 8 - Dec. 13

HOLIDAY GIFT MAKING
with Kidcreate Studio

Create hand-crafted gifts just in time for the holiday season! Great gifts for mom, dad, grandma, grandpa and of course that favorite teacher. We'll make picture frames, clay trinket boxes, snow globes and more. What great keepsakes! This is a very popular class, so be sure to register early to ensure your child's spot.

- AGES: K - 5th Grade
- REGISTER ONLINE: [HERE](#) | Kidcreate.com
- COST: \$89 | 2:20-3:20 PM



ULTIMATE MARTIAL ARTS CHALLENGE
with ATA Martial Arts

TUESDAYS
Nov. 9 - Dec. 14

Kids thrive in a structured, challenging, and positive environment. This class will focus on a weekly physical challenge and accompanying life-skill.

We'll talk about taking care of ourselves, respecting others, and building our inner strength and confidence. In the end, students have the potential to earn their first Belt in Taekwondo.

WEEKLY TOPICS:

- Discipline = Do homework without being asked
- Self-Control = Controlling my actions
- Physical fitness = I can do hard things
- Self-Defense = Bully Prevention
- Respect = Myself, my family, my friends
- Confidence = Test for Belt & Break a Board

Classes will be conducted by Impact Martial Arts Founders, Master Ken Hoops & Mr. Juan Gonzalez.

- AGES: K - 5th Grade
- REGISTER ONLINE: [HERE](#)
- COST: \$99 | 2:20-3:20 PM
- *Class Maximum: 14 students*

DID YOU KNOW? 20% of your registration goes back to St. Therese School!



WEDNESDAYS

Nov. 16 - Dec. 7

COOKING CLUB

with Lindsay Good & Erin Cari

Kids need good food to fuel their body and their brains. Join us on a delicious adventure to put a fun and creative spin on learning about nutrition and how to prepare simple and healthy meals at home!

Cooking is a valuable life skill that also teaches kids about food safety, math while measuring, science with the cooking process, reading recipes and fine motor skills such as chopping, grating, and peeling.



- AGES: K - 5th Grade
- REGISTER ONLINE: [HERE](#)
- COST: \$80 | 2:20-3:20 PM
- *Class Maximum: 15 students*

WEEKLY FOOD ADVENTURE:

- Week 1: Smoothie surprise (fruits and dairy)
- Week 2: Super snackers (whole grains)
- Week 3: Veggie hero (vegetables)
- Week 4: Protein power (meat and beans)

Classes will be conducted by Lindsay Good, Registered Dietitian Nutritionist at HealthPartners and Erin Cari, Food technologist & Product Developer at General Mills.

CANDY CRAFT CAMP

with Kidcreate Studio

Come and join us as we create art out of candy! Our art materials of choice will be frosting, gummy bears, gum drops, marshmallows, and other candy treats. We will create a mosaic, a winter wonderland scene, and more all made out of things that are edible.

- AGES: K - 4th Grade
- REGISTER ONLINE: [HERE](#)
- COST: \$59 | 2:20-3:20 PM

THURSDAYS

Nov. 11 - Dec. 9



THURSDAY

Dec. 16

ORNAMENT MAKING WORKSHOP

with Kidcreate Studio

Join us for an ornament making party. We will set up four fun stations, each with a different ornament project. These ornaments will make great keepsakes or holiday gifts!

- AGES: K - 5th Grade
- REGISTER ONLINE: [HERE](#)
- COST: \$18 | 2:20-3:20 PM





ST. THERESE

CATHOLIC PARISH & SCHOOL

STS BASKETBALL SUNDAYS

ST. THERESE CATHOLIC SCHOOL
EVERY SUNDAY | NOV 7th-DEC 19th

LED BY COACH THOMAS GORRILLA

WHO

BOYS AND GIRLS
Grades K-8

WHEN

K-1 | 11AM-12PM
2nd-4th | 12:15PM-1:15PM
5th-8th | 1:30PM-3PM

ALL-AROUND DEVELOPMENT

FOOTWORK

FINISHING

BALL HANDLING

SHOOTING MECHANICS

DEFENSIVE UNDERSTANDING

COST

K-1 | \$20/Day or \$130/All Sessions
2nd-3rd | \$20/Day or \$130/All Sessions
4th-8th | \$25/Day or \$165/All Sessions
7 TOTAL DAYS

BE WHO YOU **B** STRIVE TO BE
CATHOLIC PARISH & SCHOOL
BASKETBALL

SESSIONS INCLUDE

PART 1 OF SESSIONS - SKILL DEVELOPMENT
PART 2 OF SESSIONS - LIVE PLAY/OPEN GYM

1v1 | 2v2 | 3v3

REGISTER HERE: Direct Link calendly.com/coachgorrillatraining/sts-sunday-basketball-training

PAYMENT: CHECK or VENMO @THOMAS-GORRILLA QUESTIONS? TEXT: 612-558-4364 or EMAIL: THOMAS6RRLL8@GMAIL.COM

REGISTER ONLINE HERE