



SEPTEMBER 2021 LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
This School is an equal opportunity Employer	31 <ul style="list-style-type: none"> Orange Chicken Green Beans Banana 	1 <ul style="list-style-type: none"> Sloppy Joes French Fries Watermelon 	2 <ul style="list-style-type: none"> Walking Tacos Mexican Rice Edamame Pineapple 	3 NO SCHOOL
6 NO SCHOOL ALL PROGRAMS CLOSED LABOR DAY	7 <ul style="list-style-type: none"> Hot Dog Peas Cantaloupe 	8 <ul style="list-style-type: none"> Chicken Drumstick Mashed Potatoes Green Beans Banana 	9 <ul style="list-style-type: none"> Rib Sandwich Carrots Oranges 	10 <ul style="list-style-type: none"> Cheesy Breadstick Side Salad Strawberries
13 <ul style="list-style-type: none"> Pepperoni Calzone Carrots Oranges 	14 <ul style="list-style-type: none"> Popcorn Chicken Cucumbers Watermelon 	15 <ul style="list-style-type: none"> Fish Sticks Edamame Honeydew 	16 <ul style="list-style-type: none"> Ham Mashed Potatoes Side Salad Bananas Dinner Roll 	17 <ul style="list-style-type: none"> Cheese Lasagna Mixed Vegetables Pears Breadstick
20 <ul style="list-style-type: none"> Pancakes Sausage Hash browns Peaches 	21 <ul style="list-style-type: none"> Mini Corn Dogs Red Peppers Fruit cocktail 	22 <ul style="list-style-type: none"> Sloppy Joes Baked Beans Cantaloupe 	23 <ul style="list-style-type: none"> Mac & Cheese Cornbread Green Beans Grapes 	24 <ul style="list-style-type: none"> Cheese Tortellini Broccoli Watermelon Breadstick
27 <ul style="list-style-type: none"> Cheeseburgers French fries Strawberries 	28 <ul style="list-style-type: none"> Chicken Nuggets Carrots Apples 	29 <ul style="list-style-type: none"> Pulled Pork Coleslaw Oranges 	30 <ul style="list-style-type: none"> Grilled Cheese & Tomato Soup Edamame Honeydew 	

8oz. milk served with every meal
Alternate Lunch Choices (available to grades 1-8)
Monday/Wednesday: Baked Potato Tuesday/Thursday: Yogurt Bar Salad Bar Daily
School meals will be free to all K-8 students for the 2021 – 2022 school year

- WELCOME -
BACK TO SCHOOL



The School of St. Therese of Deephaven

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Dear Parents and Students,

Welcome back! The kitchen staff is very excited to have the K-8 students and staff return for the new school year. We are excited for the hustle and bustle of having more people around! As always, the goal of our cafeteria staff is to prepare quality food and provide opportunities for students to make healthy, well balanced nutrition choices every day. We are committed to offering the freshest choices available to our students. This year we are committed to assuring the foods served are of the highest quality and antibiotic and nitrate free meat products. St. Therese School participates in the National School Lunch Program (NSLP) and menus are planned according to the NSLP requirements, which include serving milk with EVERY meal.

Last year, our kitchen staff worked hard to be in good standing with the NSLP and that is going to pay off for you! Because of their hard work, St. Therese is able to participate in the Seamless Summer Option which means ALL meals for K-8 students will be FREE for the 2021-2022 school year. We do have to continue to charge for seconds and for milk for those who are eating a home lunch. So, if your child will have milk or will order seconds, we will need to have a lunch account available for those charges.

In the cafeteria we use Educate by TADS to manage the lunch accounts. When you make a payment to your child's lunch account, it gets entered into a family account so all of the children in your household can use money from the same balance. Payment for lunch can be made 2 ways, cash, or check. When you send cash or check, please place it in an envelope marked "Lunch Account" along with your name and submit it to the front office. Email notifications of a negative balance will be sent out regularly.

Again, a first lunch will be FREE for the 2021-2022 school year. Seconds will be available after September 15th for grades 1-5 and on the first day for middle school. Seconds will cost \$1.50 and milk (if purchased with a school lunch or as seconds) will cost \$0.70.

Kindergarten Students are served 1 free milk each day as per MN State Law.

A menu will be posted on our website at the beginning of each month. Students bringing lunch from home can purchase milk, however, pop/soda are always prohibited, and ANY GLASS BOTTLES are not allowed in the school cafeteria. Beginning the week of September 13th, we will offer alternative lunch choices for grades 1-8. Baked potato will be available on Mondays and Wednesdays, Yogurt Bar on Tuesdays and Thursdays, and Salad Bar daily.

We take ALL food allergies seriously. If your child has any food allergies, we are willing to make every attempt to accommodate them. Please call or email me to discuss their needs. If your student is unable to drink cow's milk, a milk alternative, which is lactose or nut free, depending on the situation, will be offered to them when they purchase lunch.

We encourage visitors to join us for lunch at any time! If a parent, sibling, or other visitor wishes to eat school lunch, the cost of their meal will be deducted from the family's account. Please call the school office before 10:00am on the day of your visit and let us know that you are coming. If you have any questions concerning the lunch program or lunch account balances, feel free to contact me. Feedback about our program is always welcome!

Sincerely,
Michael Torres
Food and Nutrition Manager
952-473-4355 ext. 325